



CCUWiP 2024 Sustainable Travel Guide

As explained on the CCUWiP 2024 website, our team of organizers is invested in minimizing the ecological impacts of the conference. Since the most significant environmental impact of academic conferences is related to attendees' air travel, we need some help from our delegates to achieve this goal!

Here is a set of guidelines we expect all attendees to consider when making their plans to attend CCUWiP 2024. Note that we will not check who has followed these guidelines, let alone enforce them. In sharing them, our goals are:

1. To reduce the carbon footprint of CCUWiP as much as we can,
2. To sensitize delegates to the carbon footprint of academic air travel, and
3. To inspire delegates to be well-informed and socially responsible members of the scientific community throughout their career.

If you have any questions on the contents of this document, feel free to reach out to the CCUWiP 2024 Organizing Committee (ccuwip2024@gmail.com)!

Guidelines for delegates

1. If a train or bus connection exists between your city and Montréal, we suggest that you consider this travel option first. For example, the trip from Toronto to Montréal can be done in under 5.5 hours.
2. We strongly encourage you *avoid* the mentality of viewing your expenses being covered as an “opportunity to take the plane for free”.
3. We put a lot of effort in developing our conference program and hope that all delegates will be strongly interested in the variety of exciting activities we are planning. However, we acknowledge that a few of our delegates will attend the conference primarily for the opportunity to give a research presentation. If this is your case, we encourage you to attend the conference virtually.
4. If you are in a location that makes it necessary to take the plane if attending in-person, we encourage you to consider using the high-quality virtual access we are committed to offering.
5. In the process of deciding between remote and in-person attendance, we encourage you to consider the benefits of both options:

In-person benefits	Remote benefits
More direct networking and socializing with fellow delegates	Several hours saved by avoiding the trip to and from Montréal
Opportunity to visit Montréal	Significantly lower cost of attendance
Some exclusive activities including lab tours, poster presentations, and the social activity on Saturday evening	Same opportunity to attend keynote sessions, panels and workshops, and to ask questions to speakers.
	Same opportunity to give an oral research presentation

To compensate for the additional challenge of delivering a dynamic, high-quality research presentation remotely, there will be a “Best Presentation” prize dedicated to online presenters.

6. If applicable, in the process of deciding between land-bound and air travel, we encourage you to consider the benefits of both options:

Benefits of land-bound travel	Benefit of air travel
The Montréal Central Station is a 13 minute walk away from the hotel, while the YUL airport is a 40 minute bus ride away (+ all airport delays, e.g. security).	Longer distances accessible
Often more comfortable to work while traveling	
Often easier to carry a poster	

If you are selected to attend CCUWiP, you will be required to sign the statement below and return it to the Organizing Committee (ccuwip2024@gmail.com):

I have read the guidelines presented in this document and confirm that I will keep them in mind when making my plans to attend CCUWiP 2024. I understand that these guidelines are non-restrictive and that my choices as a delegate will be fully respected, no questions asked.

Full name:

Signature: _____